



SG-COACH COMMUNITY COACHING PROGRAMME CERTIFICATION (SHOOTING - LASER GUN)

1 Introduction

Shooting sports helps to increase mental control and instill both physical and personal responsibility. The Singapore Shooting Association ("SSA") has been introducing shooting sports to the masses broadly through Laser Gun Shooting. The laser guns (pistols and rifles) used in the activities are close replicas of air guns. Laser Gun Shooting enables flexibility, hence activities are proceedable at most venues that are indoors/sheltered and spacious. Laser Gun Shooting enables individuals to learn about gun safety regulations and proper handling, and enjoy the technical aspects of shooting in a safe and fun environment.

2 Objective

Aligned with the intent of the SG-Coach Community Coach Programme ("CCP") by CoachSG, the Singapore Shooting Association ("SSA") aims to encourage and include those aspiring to become sports coaches to learn the basic skills of coaching shooting sports (laser gun) to young children. The Community Coach will gain skills and knowledge in preparing and coaching laser gun shooting sessions to beginners.

3 Expectations of a Community Coach

To be an effective Community Coach, besides knowledge about the sport, they will have to be able to:

- Recognize the roles and responsibilities of a good coach
- Understand the legal responsibilities, coach safety and protection, and risk management principles
- Prepare a session plan to meet the participants needs and goals
- Safely conduct a coaching session, ensuring fun, learning and maximum participation through games and activities
- Communicate effectively to build positive relationships with athletes and stakeholders



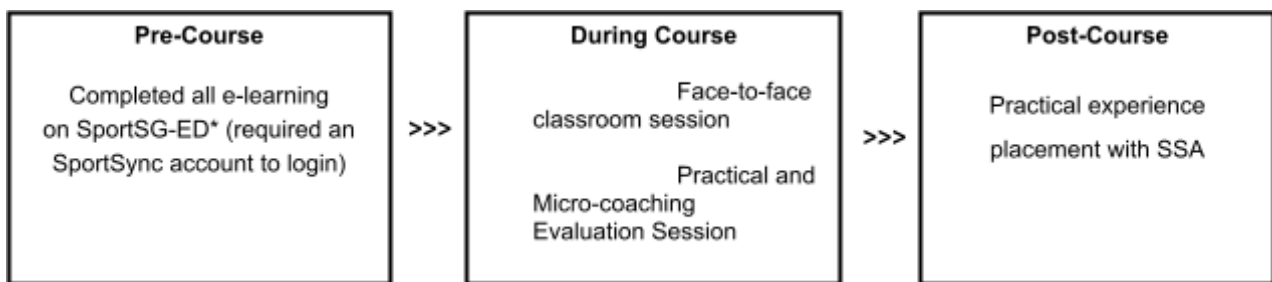
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4 Pre-requisites

- A. Must be at least 18 years old
- B. Hold a valid Standard First Aid and AED certification. Otherwise, you can acquire it at your own time and cost. Your CCP Certification will be issued only after meeting this requirement.
- C. Interest in coaching or helping participants enjoy playing Shooting Sport

5 Course Information

5.1 Overview



**Please see section 5.3 Course Details for further instructions.*

5.2 Course Description

This SG-Coach Community Coach Programme will be conducted by Learning Facilitators from Singapore Shooting Association. This course comprises of:

Theory

1. Values and Principles in Sports ("VPS") [Equivalent to VPS Certification]
2. Safe Sport and Sport Safety [Equivalent to Safe Sport Certification for coaches]
3. The Coaching Process
4. Coaching FUNdamentals
5. Building a Positive Culture
6. General Gun Safety Regulations
7. Introduction to Laser Pistol and Rifle
8. Basic Shooting Principles and Techniques (Laser Pistol & Rifle)Practical



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Practical

1. Practical Experience with Laser Pistol & Rifle
2. Micro Coaching + Preliminary Competency Assessment
3. 10-hr Practical Experience Placement with SSA + Final Competency Assessment

5.3 Course Details

INFO	DAY 1	DAY 2
Date:	13 December 2025, Saturday	14 December 2025, Sunday
Time:	9:00am to 5:00pm	9:00am to 3:00pm
Venue:	National Youth Sports Institute 5D Stadium Lane, Singapore 397778 (nearest MRT: Stadium MRT Station)	
Fees:	\$150	

- Applicants will be notified of the payment details within 3 working days upon confirmation of registration.
- All applicants will be required to register for a SportSync account.**
Afterwhich, please submit SportSync ID, SportSync Name and e-mail address (as in SportSync Account) to ppm@singaporeshooting.org.

**Please see the link below for the SportSync account creation user guide:

[SportSG_ED user guide.pdf](#)

- o Please allow 3 to 5 working days after the closing of registration for your SportSG-ED account to be activated before accessing the e-learning content.



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5.4 Course Completion Requirement and Assessment Criteria

- Complete all e-learning modules and online evaluation before attending the face-to-face classroom sessions
- Attend all sessions of the coaching course
- To participate actively in all activities
- Submit and clear all course assignments
- To be deemed competent for the Community Coaching Competency Assessment
- Complete a 10-hr practical experience placement with SSA

5.5 Upon Course Completion

- A community coach can't coach independently and would need a mentor who is a NROC Level 1 or 2 or 3 coach and/or from a Sporting Organisation
- Besides Laser Gun, a community coach is not eligible to coach any other arms or disciplines
- However, for those who completed this programme course and have also participated in Singapore Cup Series held under The Singapore Shooting Association before, this programme course would provide an opportunity in meeting the entry requirements for admission into the SG-Coach Level 1 Technical – Shooting (Pistol & Rifle) course (instead of the required MQS Scores)
 - More details would be shared in due time

5.6 Job Prospect with SSA (Laser Gun)

- SSA organises Sports Education Programme (SEP), namely Learn-To-Play and Learn-To-Shoot Programmes, as well as outreach programmes and roadshows mainly at various Primary Schools. During school holidays, there will be School Holiday Programs (SHP) for ages 7-12 at various ActiveSG Sports Centres. If you have consented to allow us to contact you during your registration, you will be kept updated on future job availability for our laser gun events.